

Training - Peace Mediators (20 Hours)

This specialized training equips individuals with the skills to mediate conflicts effectively, embody inner peace, and empower others in peaceful conflict resolution. True peace mediation begins within; only a person free from internal conflicts, past traumas, and hidden agendas can authentically mediate peace for others. A mediator carrying unresolved issues, emotional scars, or personal discord, despite advanced training, may struggle to foster genuine harmony.

This program emphasizes the importance of self-reflection, inner peace, and conflict-free living as foundational qualities for effective mediators. Through this holistic approach, participants will learn not only to resolve disputes peacefully but also to enjoy and embrace the process, thereby becoming positive forces for peace in their communities and contributing meaningfully to a more harmonious world

Eligibility:

1. Completed 40-hour basic mediation training
2. Completed 20-hour advanced mediation training
3. Has imparted and conducted 10 training courses
4. Has written and published three (3) articles or made three (3) presentations or given three (3) addresses in conferences at national or international level

Course Structure:

1. Inner Peace and Conflict Resolution (4 hours)
2. Mindfulness and Emotional Intelligence (4 hours)
3. Conflict Transformation and Reconciliation (4 hours)
4. Peace Mediation Techniques (4 hours)
5. Training Methodology for Peace Mediators (4 hours)

Key Topics:

1. Self-awareness and introspection
2. Mindfulness practices for mediators
3. Emotional intelligence in conflict resolution
4. Forgiveness and reconciliation processes
5. Peace mediation models (e.g., Harvard, Transformative)
6. Designing peace mediation training programs
7. Coaching and mentoring peace mediators

Training Methodology:

1. Interactive lectures
2. Guided meditations and mindfulness exercises
3. Case studies and group discussions
4. Role-playing exercises
5. Peer mentoring and feedback

Assessment by written examination - 90% qualification marks

Certification: Certification by international organizations promoting peace and conflict resolution, such as:

1. International Institute of Peace Mediation (IIPM)
2. United Nations Peacebuilding Support Office (UNPSO)

Benefits:

1. Enhanced personal peace and well-being
2. Advanced conflict resolution skills
3. Increased credibility as a peace mediator
4. Ability to train others in peace mediation
5. Contribution to global peace and conflict resolution

Trainers:

Experienced peace mediators, mindfulness experts, psychologists and spiritual persons

Duration: 20 hours - 5 days of 4 hours each

Fee: Rs. 50,000